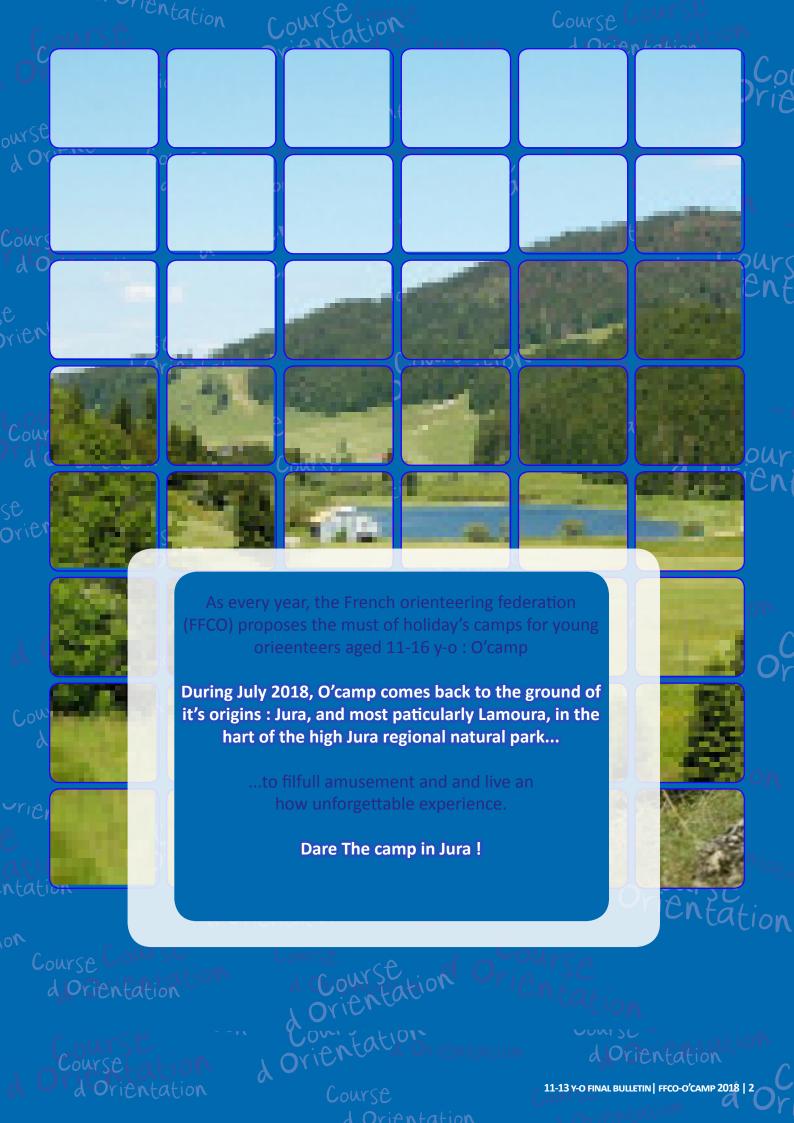


O'camp is a holiday's camp, on a basis of nature and orienteering activities, for young people aged 11-16, proposed by the French Orienteering Federation (FFCO) «O+» project.

14-16 Y-O FINAL BULLETIN | FFCO-O'CAMP 2018









## ORIENTEERING, APASSION

With O'camp, children discover, or re-discover orienteering

through orienteering games and different training courses (relay, sprint, short raids...)



# AB H

## THE COACHINGTEAM

Children are coached by animators (including a director) graduated in animation (BAFA) or FFCO graduated.

They are able to adapt courses following each one abilities, according to the federation progressiv method.







# LEARNING WITH FUN

With O'camp, children discover a landscape and become familiar with the surrounding natural environment.

At daytime, they take part to various activities, challenging body and mind.

And every evening a night fair.



**BIATHLON** 





ROLLERSKI



On the menu, O'campers will be provided with fresh and local

# LES DATES For O'camp 2018, meeting dates are sunday August 5. TAKING PART TOO'CAMP 2018 to sunday August 12 To take part to O'camp 2018, SCHEDULE Which means 7 days and 7 nights your child must be aged 14 to 16 y-o of pure fun! (born between 2002-01-01 and 2004-12-31). O'campers are welcome at holiday's village : Sunday August 5. between 4 pm and 7 pm, O'camp is opened both to non-licenced and FFCO at the village or at the railway station / licenced. Geneva airport (animator on site from 12 o'clock). Because of limited places (40 children is a maximum), priority entry will be opened to non licenced O'campers leaving the holiday's village: or FFCO licenced accompanied by a non-licenced. Sunday August 12., between 1 and 2 pm (Ready to start from Lamoura at 8:30 am). **ABOUT ANIMATION TEAM** The forty young O'campers will be coached by 4 or 5 animators, (including 1 director), graduated in animation (BAFA) and FFCO FEES graduated (animator or monitor). FFCO licenced: 450 € Non-licenced: 480,45 € for those who are less than 14 486,54 € for those who are more than 15 ans Registration to the stay includes insurance for all practised activities. For non licenced is included more than one year competition licence in an FFCO affiliated club (from August 2018 to December 31. 2019). 7 | 14-16 Y-O FINAL BULLETIN | FFCO-0 14-16 Y-O FINAL BULLETIN | FFCO-O'CAMP 2018 | 8

## TRANSPORTATION

Transportation to O'camp village or to SNCF railway station / Geneva airport in under family's responsability.

**Transport option :** Shuttle from SNCF railway station / Geneva airport to O'camp village, with taking care of the chidren at the station :

• Return ticket : 30 € (add it to stay fee)

Single ticket : 15 € (add it to stay fee)



Ocamp2018
Neige et Plein Air Village Vacances
(Snow and outdoor Holiday's village)
Cap France Haut-Jura
La combe du Lac
39310 Lamoura, France

d Orientation

Course

HOWTOREACH O'CAMPBYCAR?

GPS references: 46°24'01» N - 5°58'44» E - 1190 m

#### From the north:

Paris - Lamoura (484 km) : A6 motorway (Paris-Lyon), then A38 (Dijon) and A39 (Dôle), way out : Poligny or Lons-le Saunier.

Calais - Lamoura : A 26 (Reims -Troyes), then A5 - A31 (Dijon), and A39.

#### From the west or south:

Lyon - Lamoura (142 km) : Motorway A 42 (Geneva) then A 404, way out Oyonnax - Saint Claude.



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